

„Vasile Alecsandri” University of Bacău
Faculty of Movement, Sports,
and Health Sciences

„Ovidius” University of Constanța
Faculty of Physical Education
and Sports



PROGRAM

of

9th International Scientific Conference

***”Achievements and Prospects
in the Field of Physical Education and Sports
Within the Interdisciplinary European Education System”***

October 18-19, 2024

Bacau, Romania

Chairman of Conference

Assoc. Prof. **Dan Iulian ALEXE**, PhD – Dean of FMSHS Bacău

Chairman of the Organizing Committee

Prof. **Tatiana Dobrescu, Dr. Sc.**

Scientific Committee

Cătălina ABABEI – „Vasile Alecsandri” University of Bacău, Romania
Radu ABABEI – „Vasile Alecsandri” University of Bacău, Romania
Beatrice Aurelia ABALAȘEI – „Alexandru Ioan Cuza” University of Iași, Romania
Nikola AKSOVIĆ – University of Pristina-Kosovska Mitrovica, Serbia
Gokcen AKYUREK – Hacettepe University of Ankara, Turkey
Dan Iulian ALEXE – „Vasile Alecsandri” University of Bacău, Romania
Cristina Ioana ALEXE – „Vasile Alecsandri” University of Bacău, Romania
Sahreen ANWAR – Lahore University of Biological and Applied Science, Pakistan
Kristina Pantelic BABIC – University of Banja Luka, Bosnia and Herzegovina
Gheorghe BALINT – „Vasile Alecsandri” University of Bacău, Romania
Dana BĂDĂU – „Transilvania” University of Brașov, Romania
Fatma BEN WAER – University of Sfax, Tunisia
Gregory BOGDANIS – National and Kapodistrian University of Athens, Greece
Lucian Ovidiu BURCHEL – „Lucian Blaga” University of Sibiu, Romania
Saša BUBANJ – University of Nis, Serbia
Rafael BURGUEÑO, University of Malaga, Spain
Umut CANLI – Tekirdağ Namık Kemal University, Türkiye
Luis CARRASCO – University of Seville, Spain
Denis ČAUŠEVIĆ – University of Sarajevo, Bosnia and Herzegovina
Carlos CASTELLAR OTIN – University of Zaragoza, Spain
Florin CAZAN -, „Ovidius” University of Constanța, Romania
Borislav CICOVIC – University of East Sarajevo, Bosnia and Herzegovina
Tomasz CISOŃ – University of Applied Sciences in Nowy Sącz, Poland
Adrian COJOCARIU – „Alexandru Ioan Cuza” University of Iași, Romania
Marilena COJOCARU – Spiru Haret University Bucharest, Romania
Germina Alina COSMA – University of Craiova, Romania
Adrian Valentin COTÎRLEȚ – „Vasile Alecsandri” University of Bacău, Romania

Nevzat DEMIRCI –Mersin University, Türkiye
Andreea Georgiana DOBRE – „Dunărea de Jos” University of Galați, Romania
Lucian Daniel DOBRECI – „Vasile Alecsandri” University of Bacău, Romania
Tatiana DOBRESU – „Vasile Alecsandri” University of Bacău, Romania
Viorel DORGAN – State University of Physical Education and Sport, Republic of Moldova
Paul DRAGOȘ – University of Oradea, Romania
Cristina DUMITRESCU – Occupational Therapy Decker College of Nursing and Health Sciences, Binghamton University, State University of New York
Carmen ENE-VOICULESCU – „Ovidius” University of Constanța, Romania
Virgil ENE-VOICULESCU – „Mircea cel Bătrân” Naval Academy, Romania
Răzvan Sandu ENOIU – „Transilvania” University of Brașov, Romania
Mahdieh Abbasalizad FARHANGI – Tabriz University of Medical Sciences, Iran
António FERREIRA – Escola Superior de Saúde Norte da Cruz Vermelha Portuguesa, Portugal
Gordana FURJAN-MANDIC – Faculty of Kinesiology, University of Zagreb, Croatia
Qais GASIBAT – Universiti Putra Malaysia, Malaysia
Novri GAZALI – Universitas Islam Riau, Indonesia
Barbara GILIC – University of Split, Croatia
Leon GOMBOȘ – „Babeș-Bolyai” University of Cluj, Romania
Madalena GOMES DA SILVA – Polytechnic Institute of Setubal, Portugal
Emilia Florina GROSU – „Babeș-Bolyai” University of Cluj, Romania
Claire GINTY, Achieve Occupational Therapy Ltd, United Kingdom
Julien Narcis HERLO – “Aurel Vlaicu” University of Arad, Romania
Teodora Mihaela ICONOMESCU – „Dunărea de Jos” University of Galați, Romania
Kadir ILDIZ – Manisa Celal Bayar University, Turkey
Ghada JOUIRA – University of Sfax, Tunisia
Miran KONDRIČ – University of Ljubljana, Slovenia
Vasilios KORONAS – Private College Apostolas Pavlos, Greece
Mariana C. KOTZAMANIDOU – Metropolitan College Thessaloniki, Greece
Michał KRZYSZTOFIK – Academy of Physical Education Jerzy Kukuczka, Katowice, Poland
Alin LARION – „Ovidius” University of Constanța, Romania
Nicoleta LEONTE-National Polytechnic University of Science and Technology Bucharest, Romania
Ljubiša LILIĆ – University of Pristina-Kosovska Mitrovica, Serbia
Florin Valentin LEUCIUC – „Ștefan cel Mare” University of Suceava, Romania
Adriana LUKIC LJUBOJEVIC – University of Banja Luka, Bosnia and Herzegovina
Inmaculada C. MARTÍNEZ-DÍAZ – University of Seville, Spain
Gabriel MAREȘ – „Vasile Alecsandri” University of Bacău, Romania
Ionel MELENCO – „Ovidius” University of Constanța, Romania
Claudiu MEREUȚĂ – „Dunărea de Jos” University of Galați, Romania
Liviu Emanuel MIHĂILESCU – National University of Science and Technology Bucharest, Pitești University Center
Alina Daniela MOANȚĂ-National University of Physical Education and Sport of Bucharest, Romania
George Dănuț MOCANU – „Dunărea de Jos” University of Galați, Romania
Cristina Elena MORARU – „Alexandru Ioan Cuza” University of Iași, Romania
Adrian Constantin NAGEL – West University of Timișoara

Nicolae OCHIANĂ – „Vasile Alecsandri” University of Bacău, Romania
Mihail Petru ONOI – State University of Physical Education and Sport, Republic of Moldova
Vassilios PANOUSTAKOPOULOS – Aristotle University of Thessaloniki, Greece
Sasa PANTELIC – University of Nis, Serbia
Ratko PAVLOVIĆ – University of East Sarajevo, Bosnia and Herzegovina
Wajida PERVEEN – Lahore Medical College & Institute of Dentistry, Pakistan
Yara Katharina PETERKO, Austrias National OT Association Ergotherapie Austria
Leonardo Alexandre PEYRÉ-TARTARUGA -Universidade Federal do Rio Grande do Sul, Brazil
Cristian POPA – „Ovidius” University of Constanța, Romania
Vladimir POTOP – National University of Science and Technology Politehnica Bucharest, Pitesti
University Center
Francisco PRADAS DE LA FUENATE – University of Zaragoza, Spain
Bogdan Constantin RAȚĂ – „Vasile Alecsandri” University of Bacău, Romania
Marinela RAȚĂ – „Vasile Alecsandri” University of Bacău, Romania
Gabriela RAVEICA – „Vasile Alecsandri” University of Bacău, Romania
Ligia RUSU – University of Craiova, Romania
Rubén SÁNCHEZ-GÓMEZ – Universidad Complutense de Madrid and Instituto de
Investigación Sanitaria, Hospital Clínico San Carlos, Madrid, Spain
Anișoara SANDOVICI – „Vasile Alecsandri” University of Bacău, Romania
Mihai Adrian SAVA – „Vasile Alecsandri” University of Bacău, Romania
Cătălin Vasile SAVU – „Dunărea de Jos” University of Galați, Romania
Ioan SÂRBU – “Grigore T. Popa” University of Medicine and Pharmacy Iași, Romania
Damir SEKULIC – University of Split, Croatia
Samantha SHANN – WFOT President, Executive Liaison for: Europe and Africa
Anu SÖDERSTRÖM – COTEC President
Veroljub STANKOVIC – University of Pristina in Kosovska Mitrovica, Serbia
Monica STĂNESCU-National University of Physical Education and Sport of Bucharest, Romania
Marius STOICA-National University of Physical Education and Sport of Bucharest, Romania
Nenad STOJILIKOVIC – University of Nis, Serbia
Constantin ȘUFARU – „Vasile Alecsandri” University of Bacău, Romania
Laurențiu Gabriel TALAGHIR – „Dunărea de Jos” University of Galați, Romania
Dragoș TEODOR – „Ovidius” University of Constanța, Romania
Dragoș Ioan TOHĂNEAN – „Transilvania” University of Brașov, Romania
Ulla-Maija TÖRMÄLÄ – Oulu University of Applied Sciences, Finland
Athanasios TSOUKOS – National and Kapodistrian University of Athens, Greece
Ioan TURCU – „Transilvania” University of Brașov, Romania
Elena VIZITIU – „Ștefan cel Mare” University of Suceava, Romania
Jacopo VITALE – Research Associate at Schulthess Klinik, Zürich, Switzerland
Michal WILK – Academy of Physical Education Jerzy Kukuczka, Katowice, Poland
Adam ZAJAC – Academy of Physical Education Jerzy Kukuczka, Katowice, Poland
Milan ZELENOVIC – University of East Sarajevo, Bosnia and Herzegovina
Anna ZWIERZCHOWSKA – Academy of Physical Education Jerzy Kukuczka, Katowice, Poland

Members of Organizing Committee

Gabriel MAREȘ – "Vasile Alecsandri" University of Bacău, Romania
Mihai Adrian SAVA – "Vasile Alecsandri" University of Bacău, Romania
Gabriela RAVEICA – "Vasile Alecsandri" University of Bacău, Romania
Constantin ȘUFARU – "Vasile Alecsandri" University of Bacău, Romania
Lucian Daniel DOBRECI – "Vasile Alecsandri" University of Bacău, Romania
Antoanela OLTEAN – "Ovidius" University of Constanța, Romania
Gabriel Stănică LUPU – "Vasile Alecsandri" University of Bacău, Romania
Nicolae OCHIANĂ – "Vasile Alecsandri" University of Bacău, Romania
Alexandru ACSINTE – "Vasile Alecsandri" University of Bacău, Romania
George MUȘAT – "Ovidius" University of Constanța, Romania
Nicolae-Lucian VOINEA – "Vasile Alecsandri" University of Bacău, Romania
Gabriela OCHIANĂ – "Vasile Alecsandri" University of Bacău, Romania
Diana GIDU – "Ovidius" University of Constanța, Romania
Adrian GEORGESCU – "Ovidius" University of Constanța, Romania
Cristian-Corneliu DRĂGOI – "Vasile Alecsandri" University of Bacău, Romania
Damian PETCU – "Ovidius" University of Constanța, Romania
Cristina-Elena STOICA – "Vasile Alecsandri" University of Bacău, Romania
Ana-Maria VULPE – "Vasile Alecsandri" University of Bacău, Romania
Florin VOINEA – "Ovidius" University of Constanța, Romania
Nela - Tatiana BALINT – "Vasile Alecsandri" University of Bacău, Romania
Ovidiu GALERU – "Vasile Alecsandri" University of Bacău, Romania
Alina-Mihaela CRISTUȚĂ – "Vasile Alecsandri" University of Bacău, Romania
Adina-Camelia ȘLICARU – "Vasile Alecsandri" University of Bacău, Romania
Vasile-Cătălin CIOCAN – "Vasile Alecsandri" University of Bacău, Romania
Silviu-Ioan PAVEL – "Vasile Alecsandri" University of Bacău, Romania
Mihaela ANGHEL – "Vasile Alecsandri" University of Bacău, Romania
Carmina-Mihaela GORGAN – "Vasile Alecsandri" University of Bacău, Romania
Bogdan ANTOHE – "Vasile Alecsandri" University of Bacău, Romania
Elena Adelina PANAET – "Vasile Alecsandri" University of Bacău, Romania

CONFERENCE SCHEDULE

Time	Thursday, October 17, 2024
14.00 - 16.00	Workshops:
	<ol style="list-style-type: none"> 1. <i>The specificity of the kinetotherapeutic intervention in the patient with vertigo</i> - As. prof. Adina Camelia Șlicaru, PhD, & Assoc. prof. Gabriela Ochiană, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall DP10</i>. 2. <i>Autism and occupation: understanding how Ayres Sensory Integration therapy can contribute to participation in everyday life</i> - Ros Urwin, Consultant Occupational Therapist, Director ASI-WISE – <i>Hall D 321</i> 3. <i>15 Years of learning, caring, dreaming, expecting, working Occupational Therapy in Romania</i> - Assoc. prof. Gabriela Raveica, PhD, & Assoc. prof. Marinela Rață, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall D 323</i> 4. <i>The game of basketball - a means of spending free time for primary school students</i> - Assoc. prof. Cătălin Ciocan, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall D 322</i>
16.00 - 18.00	Anniversary ceremony - SC Agricola International SA, ceremony hall
Time	Friday, October 18, 2024
09.00 - 10.00	9th International Scientific Conference - Guests arrival and registration
10.00 – 11.30	<p>Official opening of the anniversary conference - University Central Hall</p> <p>Keynote speakers:</p> <ol style="list-style-type: none"> 1. Prof. Michal Wilk, PhD, Academy of Physical Education Jerzy Kukuczka, Katowice, Poland <i>Safe, correct, effective - resistance training as a form of physical activity for children and adolescents</i> 2. Prof. Miran Kondrič, PhD, University of Ljubljana, Slovenia <i>- Can table tennis decrease progressive loss of motor control in neurodegenerative diseases</i>
11.30 - 12.00	Coffee break - University Central Hall
12.00 - 13.30	<ol style="list-style-type: none"> 3. Prof. Stéphane Mandigout, PhD, & Poeiti Abi-Saab, MSc., Université de Limoges, France <i>Monitoring and evaluation of rehabilitation and physical activity for post-stroke patients at home: the contribution of new technologies</i> 4. Nikola Jevtic, physiotherapist, PhD, Candidate Senior Schroth Instructor Vice President International Schroth 3d Scoliosis Therapy (ISST) & Ioan Bogdan Goga, physiotherapist, PhD, Regional Instructor Schroth, Senior Instructor OMTRO <i>The effectiveness of conservative treatment in cases of progressive idiopathic scoliosis</i> 5. Assoc. prof. Adina Geambașu, PhD, National University of Physical Education and Sports Bucharest, Romania <i>An era of digitalisation versus natural movement- study in 4 european countries</i>
13.30 – 14.30	Lunch – University Restaurant
14.30 - 17.00	Scientific sections – Poster and oral presentations sessions – Hall D
15.00 - 17.00	Dean’s Physical Education and Sport Forum – University Senat Hall

16.00 - 17.30	Workshops:
	<ol style="list-style-type: none"> 1. <i>The Influence of Internal Organs on the Locomotor System. What is Visceral Osteopathy?</i> - Dr. Dan Mezei, MD, DO, The First School of Osteopathy in Romania, & Tch. Assis. Bogdan-Alexandru Antohe, PhD, "Vasile Alecsandri" University of Bacău, Romania. – <i>Hall D317</i> 2. <i>Cognitive orientation of daily occupational performance (CO-OP) approach to facilitate lifelong participation</i> - Ioana-Andreea Grigore, occupational therapist, Aspera Center București, Romania – <i>Hall D318</i> 3. <i>The clinical reasoning of Schroth Therapy in spinal deformities</i> - Nikola Jevtic, physiotherapist, PhD, Candidate Senior Schroth Instructor Vice President International Schroth 3d Scoliosis Therapy (ISST) & Ioan Bogdan Goga, physiotherapist PhD, Instructor Regional Schroth; Senior Instructor OMTRO – <i>Hall D323</i> 4. <i>Creativity supporting motivation and wellbeing</i> - Ulla-Maija Törmälä, Senior Lecturer, Oulu University of Applied Sciences, Finland & Assoc. prof. Gabriel Mareș, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall D316</i> 5. <i>The role of occupational therapy in trauma and attachment in supporting function</i> - Claire Ginty, Achieve Occupational Therapy Ltd, United Kingdom - – <i>Hall D321</i>
19.00	Festive dinner – „EMD” Hotel

Poster and oral presentations sessions

PHYSICAL EDUCATION IN SCHOOLS AND UNIVERSITIES - Hall D322

No.	Authors	Title of the Paper
	<i>Moderators</i>	Assoc. Prof. Mihai-Adrian Sava PhD (RO) – works 1-13 Prof. Francisco Pradas de la Fuente PhD (ES) Assoc. Prof. Elena Vizitiu Lakhdari PhD (RO) Assoc. Professor Lucian Voinea PhD (RO) – works 14-26 Prof. Jaromir Sedlacek PhD (SK) Prof. Cristian Popa PhD (RO) Assoc. Prof. Nicolae Ochiană PhD (RO) – works 27-39 Prof. Luis Carrasco PhD (ES) Assoc. Prof. Florin Cazan PhD (RO)
1.	Dan Gheorghe Mirșidan	The Opinion Of High School Students On The Development Of The Game Of Handball In The Physical Education And Sports Lesson
2.	Corina Popa Virgil Ene-Voiculescu	Aspects Regarding The Positive Influence Of Games In The Physical Education Lesson
3.	Ionel Melenco Florin Teodor Dragoș Florin Cazan Cristian Popa	Improvement Of The Practice, Recreation And Exercise Center For Students Of „Ovidius” University In Constanta In The Post-Pandemic Context
4.	Alex-Paul Seciu Virgil Ene Voiculescu	The Role Of Proprioceptive Structures In Improving Training In A Handball Game At Junior Ii Male Players
5.	Roxana-Nicoleta Popa Virgil Ene-Voiculescu	Prophylaxis Of Injuries In The Youth Handball Game (Female) 16-18 Years Old With The Help Of Physical Therapy

6.	Silviu-Ioan Pavel Vasile Cătălin Ciocan Constantin Șufaru Nicolae Lucian Voinea Marius Zamfir George Cosmin Damian	Training Speed In Middle School Students During Physical Education And Sports Lessons
7.	Silviu-Ioan Pavel Vasile Cătălin Ciocan Constantin Șufaru Nicolae Lucian Voinea Marius Zamfir George Cosmin Damian	Analysis And Development Of Attention In Middle School Students During Physical Education And Sports Lessons
8.	Luminița-Magda Cazan	The Development Of Balance In Students With Disorders Of A Mental Nature Or Borderline Intellect In Physical Education Lessons In Mass Schools, The High School Cycle
9.	Bogdan Ionuț Tanasă	Evaluation Of The Impact Of The Experimental Program With Badminton Means On The Motor Skills Of Secondary School Students
10.	Gabriela Tomescu Valeria Bălan Andreea Mihăescu Mihaela Zahiu	Aquagym - Advantages Of Practicing Gymnastics In The Aquatic Environment
11.	Mihai Șandra Cristina Nicoleta Abodi Gheorghe Codruț Bulz Tudor Caciora Marius Alin Marinău	Aspects Regarding The Development Of Speed, Agility And Strength For Middle School Students
12.	Adrian Lungu Elena Vizitiu Lakhdari	Evaluation Of The Impact Of Hybrid Education Compared To Traditional Education On The Motor Outcomes Of Secondary School Students
13.	Luminița Eugenia Avram Elena Vizitiu Lakhdari	The Impact Of Management On School Physical Education Through The Implementation Of An Optional Sports Branch
14.	Gheorghe Agache Elena Vizitiu Lakhdari	Study On Improving The Intellectual Endurance Of Students Who Practice Chess In Secondary School Through Physical Education
15.	Cristian-Corneliu Drăgoi Mihai-Adrian Sava Roxana-Elena Drăgoi	Study On The Education Of Balance Through The Use Of Throwing Exercises At The Level Of 3rd Grade Students
16.	Petruța Alina Țurcanu Elena Vizitiu Lakhdari	The Impact Of The Integration Of Information Technology In Physical Education Classes On The Training Of Primary School Students
17.	Aurelian Gheorghiu Cristian Petronel Moisescu	The Role Of Physical Education In The Development Of Psychomotrics In Primary School Children
18.	Aurel Alecu Florin Cojanu Paul Florinel Visan	Evaluating The Effectiveness Of Movement Games For Developing Motor Skills In Children Aged 7-12
19.	Petronel Cristian Moisescu Aurelian Gheorghiu	Differentiated Motivation According To Gender And Environment In Physical Education
20.	Adriana Ljubojević Tamara Karalić Kristina Pantelić Babić	Assessing Gender Perception Of Sports Among School-Aged Children: A Pilot Study
21.	Inmaculada Martínez-Díaz Luis Carrasco	Practical And Utility-Based Learning In The Training Of Future Physical Education Teachers An Experience In The University Context

22.	Albert-Sebastian Cârdei Florin Valentin Leuciuc	The Importance And Challenges Of Physical Education In The Development Of Students' Psychomotor Skills
23.	Liliana Mihăilescu Viorel Boțilă Ion-Sebastian Enache	A Study Of Current Trends In Motor Capacity Levels Of High School Students
24.	Jaromir Sedlacek Martin Zvonar Gheorghe Balint Pavel Ruzbarsky	Explanation Of 400 M Hurdling By Factors Of Strength And Flexibility Readiness
25.	Miguel Ángel Ortega Zayas Carlos Castellar Otín Emilio José Royo Ortín Francisco Pradas de la Fuente	Racket Sports In Physical Education: A Systematic Review On The Use Of Table Tennis As An Educational Content
26.	Andreea Mihăescu Pierre Joseph De Hillerin	The Importance Of Physical Education During The Learning Process, In Order To Integrate Into The Labor Market
27.	Bogdan Chepea Paul-Bogdan Chiriac Florin Neferu Robert Eduard Sakizlian	Improving Students' Coordination Capacities By Approaching Sports Games In The Physical Education Lesson
28.	Ľuboslav Šiška Peter Kiša Gheorghe Balint	The Relationship Between Conditioning Parameters In Young Football Players – <i>Poster presentation</i>
29.	Mădălina-Gabriela Coman Andreea-Maria Adam Carmen Gheorghe Mircea-Dan Mocanu	Study On The Importance Of Body Composition Among Young People And How It Can Be Determined - <i>Poster presentation</i>
30.	Bogdan-Constantin Rață Marinela Rață	The Influence Of Movement Games In Improving Speed, In The Physical Education Lesson, At Primary School Students - <i>Poster presentation</i>
31.	Marinela Rață Bogdan-Constantin Rață Gloria Rață Liliana Măță	The Concordance Between Motor And Cognitive Development In Preschoolers Through Exercise - <i>Poster presentation</i>
32.	Diana Victoria Gidu Florin Cazan Florin Voinea Petronela Paraschiv Oana Verona Constantinescu George Cosmin Mușat	The Positive Effects Of Practicing Fitness On The Body Composition Of Secondary School Students - <i>Poster presentation</i>
33.	Diana Victoria Gidu George Cosmin Mușat Daniela Nicoleta Calotă Antoanela Oltean Ciprian Paraschiv Adrian Dorin Georgescu	Strength Development Through Means Specific To The Soccer Game In 7 Th Grade Students - <i>Poster presentation</i>
34.	Aurel Alecu Florin Cojanu George Octavian Naiba	Identification Of The Biometric Potential In Middle School Students With A Vocational Sports Profile In Kayaking And Canoeing Through The Evaluation Of Their Coordinative Capacity - <i>Poster presentation</i>

35.	Cătălin Ciocan Vasile Lucian Voinea Nicolae Silviu Ioan Pavel Edi Setiawan Singh Vikas Constantin Șufaru	Study On The Physical Training Of Juniors 3 On The Position Of Forward In The Game Of Basketball - <i>Poster presentation</i>
36.	Cătălin Ciocan Vasile Lucian Nicolae Voinea Silviu Ioan Pavel Edi Setiawan Singh Vikas Constantin Șufaru	Study Regarding The Education Of Skill Through Specific Means Of The Basketball Game In Lower Secondary Students - <i>Poster presentation</i>
37.	Constantin Șufaru Toni-Sebastian Rojniță Nicolae-Lucian Voinea Vasile-Cătălin Ciocan Silviu-Ioan Pavel	Development Of Coordinative Qualities In 2nd Grade Students With The Help Of Movement Games - <i>Poster presentation</i>
38.	Cătălin Vasile Savu Aurelian Gheorghiu Andreea Georgiana Dobre	Study On The Improvement Of The Correlation Technique To The Students Who Are Members Of The School Football Team In Secondary School - <i>Poster presentation</i>
39.	Cătălin Vasile Savu Aurelian Gheorghiu Andreea Georgiana Dobre	Study On The Role Of Possession Games In Improving The Physical Training Of Students Who Make Up The Student Football Team - <i>Poster presentation</i>

ATHLETIC AND MOTOR PERFORMANCE - Hall D 317

No.	Authors	Title of the Paper
	<i>Moderators</i>	Prof. Radu Ababei PhD (RO) – works 1-18 Prof. Nikola Aksović PhD (RS) Prof. Adin-Marian Cojocaru PhD. (RO) Assoc. Prof. Constantin Șufaru PhD (RO) – works 19-37 Prof. Umut Canli PhD (TR) Prof. Alin Larion PhD (RO) Assoc. Prof. Vasile-Cătălin Ciocan PhD (RO) – works 38-56 Prof. Veroljub Stanković PhD (RS) Prof. Emilia Florina Grosu PhD (RO)
1.	Amelia Elena Stan Teodora Dominteanu Marius Dumitru Dima Cristi Țărtăreanu	Effects Of Backstroke Leg Training For Freestyle Improvement: A Case Study In Cadet Swimmers
2.	Ratko Pavlović Vuković Aleksa Dan Iulian Alexe	Model Characteristics Of Morphological Indicators Of The Body Composition Of Ski Nordic Skier: Case Study
3.	Victor Buftea Tatiana Dobrescu Gheorghie Braniște	Work Capacity And Individual Differences Of Elite Gymnasts In The Pre-Competitive Period
4.	Julien-Narcis Herlo Claudiu Octavian Bulzan	Effects Of The Weider Principle Of Supersets On Muscle Hypertrophy In Advanced Category Of Bodybuilders

5.	Claudiu Octavian Bulzan Julien-Narcis Herlo	Methods And Means Regarding The Selection And Initiation Into The Football Game Of Primary School Children (6-8 Years Old)
6.	Umut Canli Constantin Șufaru Dan Iulian Alexe Cristina Ioana Alexe	The Effect Of Coordination-Based Exercise Program On Physical Fitness, Motor Competence, And Executive Function In Pre-School Aged Children
7.	Miruna Felicia Moroianu Rodica - Georgeta Culea	The Role Of Parents In The Sports Activity Of Performance Junior Swimmers
8.	Ion Bogdan Chepea Monica Delia Bică Ion Bogdan Chivu Robert Eduard Sakizlian	Structural Morphofunctional Foot In Children With Cerebral Palsy
9.	Robert Eduard Sakizlian Monica Delia Bică Daniel Iacob Chivu Ion Bogdan Chepea	Aspects Of The Biomechanical Analysis Of The Upper Limb In Handball
10.	Bogdan Chepea Sakizlian Robert Eduard	Aspects Concerning The Correlation Between The Specific And Complementary Trainings At Handball Players
11.	Alexandru Abramiuc Carmen Ene-Voiculescu Virgil Ene-Voiculescu Horia Croitoru	The Role Of Functional Capacity In Training Athletes From The Naval Pentathlon Seamanship Race
12.	Răducu Popescu Sorin Trancă Daniel Duță Antoanela Oltean	The Importance Of Individual Physical Preparation Of Students For The Formation Of The Demonstration Capacity In Rugby Play
13.	David-Iustin Năstase Alin Larion	The Role Of Surfaces In Optimizing Performance In Sports Training
14.	Valerică Ioniță Luminița Georgescu Ștefan Toma	The Importance Of Body Composition From The Perspective Of High-Performance Judo Athletes
15.	Valerică Ioniță Luminița Georgescu Ștefan Toma	The Importance Of Body Composition In The Training Of Judo Athletes, From The Perspective Of Specialists Integrated Into The Performance System
16.	Nikola Aksović Radenko Arsenijević Nikola Utvić Ljubiša Lilić Veroljub Stanković Saša Bubanj	Enhancing Motor Abilities In Basketball Players Through Complex Training: A Systematic Review
17.	Rym Baccouch Rihab Borji Dan Iulian Alexe Elena Adelina Panaet Cristina Ioana Alexe	Unipedal Postural Balance And Attentional Capacities In 5-6-Year-Old Children: Effects Of Tennis Versus Swimming Training
18.	Alexandru Acsinte	Backs And Line Players Efficiency In Young Age Category Ehf Competitions
19.	Alexandru Acsinte	Comparative Study Of All Star Teams Players Efficiency In Young Age Category Ehf Competitions

20.	Ionuț Crăciun Mirela Ștef Alexandru Huțanu Marius Alin Marinău Paul Florin Dragoș	Effects Of Exercise Variation In Muscle Thickness To Improve Muscle Strength
21.	Milan Marković Lazar Toskić Filip Kukić Ivan Zarić Veroljub Stanković Radenko Arsenijevic	Reliability And Sensitivity Of Enode/Vmaxpro Sensor For Muscle Power Assessment
22.	Radenko Arsenijević Bogdan Trikoš Filip Kojić Lazar Toskić Milan Marković Nikola Utvić Nikola Aksović Veroljub Stanković	Impact Of The Rest Period Duration And Breathing Techniques On Session Rpe In Elite Kumite-Karate Athletes
23.	Mihai-Adrian Sava Gabriel Marian Manolache Liliana Nanu Cristian-Corneliu Drăgoi	Instructional Strategies Regarding The Optimization Of Psychological Preparation Of Distributive Attention In Judo
24.	Pamela Patanè Fabio Re Edoardo Sturaro Lorenzo Cortese Luca Marin	Acute Effects Of A Mototherapy Session On The Explosive Strength Of Six People Living With Neurodivergence. Explorative Study
25.	Adin-Marian Cojocaru Marilena Cojocaru Sabri Jari	Optimizing The Sports Performance Of U20 Junior Volleyball Players After Applying A Program Based On The Development Of Physical Skills
26.	Nikola Utvić Radenko Arsenijević Nikola Aksović Ljubiša Lilić Veroljub Stanković	Training Programs For Loss Of Fat Tissue And Changes In Body Composition In Obese Individuals: A Systematic Review
27.	Luis Carrasco Inmaculada Martínez-Díaz	Cortisol And Cardiovascular Responses To A Single Bout Of High-Intensity Interval Training
28.	Tatiana Dobrescu Adriana Slusar Elena Vizitiu Lakhdari	Study Regarding Determination Of Body Composition Using The Tanita Apparatus In People Aged Between 20 And 30 Years
29.	Nicola Mancini Emilia Florina Grosu Dario Colella Grosu Vlad Teodor Siria Mancini Tatiana Dobrescu	Cognitive Motor Test And Coordination Quickness Test: Differences Between Boys And Girls In Multisport
30.	Ștefan Moroșanu Vlad Teodor Grosu Nicola Mancinia Tatiana Dobrescu	Using Virtual Reality For Motor And Psychomotor Skill Development: A Systematic Review

31.	George Cosmin Damian Silviu Ioan Pavel Sarı Onur	Improvement Of Technical Skills Of Football Players U13
32.	George Cosmin Damian Radu-Ștefan Moldovanu Gabriel Zaharia Silviu Ioan Pavel	Development Of Lower Limb Muscle Strength Through The Implementation Of A Plyometric Program For 7th Grade Students
33.	Gabriel Stanică Lupu Samuel Trăscaoanu	Study On The Influence Of Nutrition And Variety Of Training Methods In Performance Bodybuilding
34.	Larisa Rada Adriana Mateescu Aurelia Cristina Macri Elena Luminița Amzar	Exploring The Mechanisms And Strategies For Muscular Hypertrophy: Implications For Resistance Training And Performance Enhancement
35.	Larisa Rada Adriana Mateescu Aurelia Cristina Macri Elena Luminița Amzar	Enhancing Junior Football Players' Specific Physical Development With Plyometric Training Method
36.	Radu Ababei Cătălina Ababei Anișoara Sandovici	Study On The Coach-Parent-Athlete Relationship In The Children's Sections Of Private Football Clubs
37.	Raluca Maria Costache Adina Geambașu Andreea Ionel Aurora Mihalcea	Physical Training In Performance Bobsleigh - <i>Poster presentation</i>
38.	Nikola Radulović Ratko Pavlović Ilona Mihajlović Siniša Nikolić Umut Canli Dan Iulian Alexe	Force Of Arm Muscles In Recreational Athlets - <i>Poster presentation</i>
39.	Andreea-Mihaela Albină Germina-Alina Cosma Elena-Daniela Badea Andreea-Aurora-Maria Buga	Ascertaining Study On The Differences Recorded Between The Lower Limbs Of Junior Athletes Using The Isoinertial Training Method: Effects On Speed, Motion Range, Power And Force - <i>Poster presentation</i>
40.	Nicoleta Tudorică Antoanela Oltean Marian Dragomir Adrian Dorin Georgescu	The Opinions Of Coaches And Athletes Regarding The Importance Of Physical Training In The Game Of Handball At The Senior Level By Applying A Questionnaire - <i>Poster presentation</i>
41.	Nicoleta Tudorică Marian Dragomir Adrian Dorin Georgescu	Ways To Analyze Physical Training At The Level Of Senior Handball Players In The National Women's League - <i>Poster presentation</i>
42.	Bojan Bjelica Milan Zelenovic Tatiana Dobrescu Vanja Cicovic Dan Iulian Alexe	Virtual Group Fitness Trainings And Their Effectiveness - <i>Poster presentation</i>
43.	Nicolae-Lucian Voinea Constantin Șufaru Silviu-Ioan Pavel Marius Zamfir Vasile-Cătălin Ciocan	Analysis Of Serve Reception Based On The Level Of Men's Volleyball Teams - <i>Poster presentation</i>

44.	Nicolae-Lucian Voinea Constantin Șufăru Silviu-Ioan Pavel Marius Zamfir Vasile-Cătălin Ciocan	The Importance Of Attacking In Achieving Victory In Men's Volleyball Teams - <i>Poster presentation</i>
45.	Okba Selmi Blel Aydi Mohamed Amine Rahmouni Lăcrămioara-Nicoleta Vițalaru Dan Iulian Alexe	Effects Of Small-Sided Games Versus High-Intensity Interval Training The Physical Enjoyment Among Women Soccer - <i>Poster presentation</i>
46.	Costina Piperea Marian Dragomir	Developing Strength In The Game Of Basketball Using Specific Means And Methods - <i>Poster presentation</i>
47.	Andreea- Maria Tacsă Adela Bădău	The Importance Of Using Aqua-Fit Sports Equipment In The Physical Education Lesson Of Students - <i>Poster presentation</i>
48.	Dana Bădău Mircea Ciprian Ungur	The Role Of Proprioception In Improving Sports Ability In Mini-Football - <i>Poster presentation</i>
49.	Mariana Kotzamanidou Evangelia Merkou Dragoș Ioan Tohănean Vassilios Panoutsakopoulos	Intratest Reliability Regarding The Kinetic Parameters Of The Vertical Jump Tests Used To Assess The Eccentric Utilization Ratio In Greek Male U14 Handball Players - <i>Poster presentation</i>
50.	Vassilios Panoutsakopoulos Evangelia Merkou Mariana Kotzamanidou Iulian Dan Alexe	Hurdle Clearance Planar Kinematics: Men Vs. Women Differences In Greek Physical Education Teacher Education Students - <i>Poster presentation</i>
51.	Norbert Trandafir Silvia Teodorescu Ovidiu Galeru	Aspects Of The Impact Of Respiratory Efficiency On Performance In Triathletes - <i>Poster presentation</i>
52.	Gabriela Iuliana Cazac Maria Daniela Crăciun Florin Valentin Leuciuc	Dynamic Analysis Of Lateral Muscle Asymmetry In Junior Handball Players - <i>Poster presentation</i>
53.	Sabri Jari Adin-Marian Cojocaru Marilena Cojocaru	The Effects Of Repeat Sprint Fatigue And Altered Neuromuscular Performance In Recreationally Trained Senior Swimmers - <i>Poster presentation</i>
54.	Ion Carp Igor Arsene	Insights For Teaching "Ecology Of Physical Culture And Sport" In Sports- Related Institutions - <i>Poster presentation</i>
55.	Janina-Maria Gherdan Alin Larion	The Structural Dynamics, Benefits, And Best Practices Of Basketball Training Camps: An Academic Exploration - <i>Poster presentation</i>
56.	Carmina Mihaela Gorgan Gheorghe Sabău Mihaela Pascu Teodora Mihaela Jercălu Cătălin Vasile Ciocan	Study On The Level Of Sports Performance Correlated With The Level Of Motivation - <i>Poster presentation</i>

PHYSICAL THERAPY - Hall D 323

No.	Authors	Title of the Paper
	<i>Moderators</i>	Assoc. Prof. Cristina-Elena Stoica PhD (RO) - works 1-10 Prof. Ion Carp PhD (MD) Assoc. Prof. Maria Daniela Crăciun PhD (RO) Assoc. Prof. Nela-Tatiana Balint PhD (RO) – works 11-19 Prof. Martin Zvonar PhD (SK) Prof. Laurențiu Gabriel Talaghir PhD (RO)
1.	Mokzan Pascal	Presentation Of The Autun HOSPITAL And The Integration Of The Hospital Center In The Region
2.	Mihai-Adrian Sava Dănuț Roșca Mokzan Pascal Narcisa Lazar Dana Maria Ciocan	Physiotherapy Intervention Within The Multidisciplinary Team In The French Public Medical System
3.	Amelia Elena Stan Teodora Dominteanu Marius Dumitru Dima	A Systematic Review Of Aquatic Exercises, Considered To Be The Best Way To Maintain A Healthy Life
4.	Daniela Denisa Sakizlian Tiberiu Tătaru Paula Tătaru Andreea Popescu	Recovery Technics In The Cerebral Ischemic Infarct In Spastic Phase
5.	Daniela Denisa Sakizlian Andreea Popescu Paula Tătaru Tiberiu Tătaru	Methods And Techniques For Recovering Capsulo-Ligamental Knee Trauma
6.	Cicovic Vanja Bjelica Bojan Pavlovic Bojan Milanovic Lalovic Ljubica	Utilizing Physical Activities To Prevent And Correct Flat Feet
7.	Adelina Scheuleac Elena Vizitiu Lakhdari	The Impact Of Spinning On Menopausal People With Metabolic Syndrome
8.	Adriana Slusar Elena Vizitiu Lakhdari	The Impact Of Therapeutic Swimming On Combating Obesity Among High School Students
9.	Laurențiu-Gabriel Talaghir Daniel Mădălin Coja	The Efficacy Of Virtual Reality In Treating Subacromial Impingement Syndrome
10.	Maria Daniela Crăciun Oana Mihaela Brăiescu Gabriela Iuliana Cazac	Role Of Physiotherapy In Postoperative Recovery Of Patients With Rotator Cuff Tear
11.	Cristina-Elena Stoica Elena-Monica Munteanu Florentina Cristea	The Efficiency Of The Physiotherapeutic Intervention Regarding The Re-Education Of The Abdo-Perineal Pathology
12.	Mihai-Adrian Sava Ioan-Bogdan Pancu Tatiana Dobrescu Ana-Maria Vulpe	The Effectiveness Of Physical Therapy In Non-Specific Cervicalgia In Brazilian Jiu Jitsu Practitioners

13.	Ana Onu Ilie Onu Daniel Andrei Iordan Daniela-Viorelia Matei	The Impact Of High-Intensity Interval Training (Hiit) On Metabolic Syndrome And Heart Rate Variability: A Systematic Literature Review
14.	Marinela Rață Bogdan-Alexandru Antohe Ligia Rusu Ana Onu Alina- Mihaela Cristuță Nela-Tatiana Balint	A Comparative Study Regarding Pulmonary Function Test Among University Students
15.	Ștefan Toma Geanina Toma Ioana Cristina Neagoe Elena Rabolu	Prophylaxis Of Lumbar Overuse Syndrome In The Young Adult
16.	Elena Vizitiu Lakhdari Raluca-Ioana Tanasă Tatiana Dobrescu	The Role Of Hydrokinetotherapy In The Management Of The Metabolic Syndrome In Patients With Schizophrenia-Case Study
17.	Gabriela Ochiană	Study On The Effectiveness Of Neurodynamic Techniques Used In The Treatment Of Lumbosciatics
18.	Aurora Liliana Cojocaru	The Prophylaxis Of Musculoskeletal Disorders In Computer Work Activities - <i>Poster presentation</i>
19.	Cristina-Elena Stoica Cosmin Necula	Effectiveness Of Neuromotor Reeducation Methods In The Treatment Of Post-Stroke Sequelae - <i>Poster presentation</i>
20.	Rubén Sánchez-Gómez Adelina Elena Panaet Dan Iulian Alexe	Medium Gluteus Response To Specific Foot Pronation Orthotics - <i>Without attending</i>

OCCUPATIONAL THERAPY - Hall D 318

No.	Authors	Title of the Paper
	<i>Moderators</i>	Assoc. Prof. Marinela Rață PhD (RO) Prof. Stéphane Mandigout PhD. (FR) Assoc. Prof. Oana Rusu PhD (RO)
1.	Mihaela Anghel	Studies On Craft Activities Identified As Occupational Therapeutic Tools
2.	Gabriela Raveica	Using Client-Centred Approache For Romanian Occupational Therapy Students: A Challenge In A Conservative Society
3.	Oana Rusu	Effects Of Physical And Sports Activities On Sensory Processing In Children With Autism Spectrum Disorder (Asd): A Descriptive Literature Review Effects Of Smartphone Use On Walking Performance In Middle-Aged Women
4.	Anișoara Sandovici Gabriela Raveica Cătălina Ababei Adina-Camelia Șlicaru Ionel-Crinel Raveica Constantin Nechifor	The Impact Of Emotional Intelligence Level On Structuring The Social Perception Of The Occupational Therapist

5.	Luminița Bibire Daniela-Cristina Solomon Roxana-Elena Voicu Daniela Nicuță	Bio-Techno-Economic Environment Factors Impacting The Development Of Soft Skills In Higher Education
6.	Gabriel Mareș Liliana Măță Carmen-Violeta Popescu Ardeleanu Roxana	Positive Psychology In Higher Education – Challenges In The Digital Era
7.	Ioana Boghian Luminița Drugă Petronela Savin Venera-Mihaela Cojocariu	Values Of Traditional Food As A Cultural Educational Resource For Well-Being
8.	Maria Alina Trifescu	School Based Occupational Therapy For Romanian Inclusive Schools - <i>Without attending</i>

VARIOUS - Hall D 316

No.	Authors	Title of the Paper
	<i>Moderators – assessors</i>	Assoc. Prof. Gabriel Mareș PhD. (RO) – works 1-12 Assoc. Prof. Onoi Mihail PhD. (MD) Assoc. Prof. Dragoș Ioan Tohănean PhD (RO) Prof. Cătălina Ababei PhD. (RO) – works 13-25 Assoc. Prof. Carlos Castellar Otín PhD. (ES) Assoc. Prof. Teodora Mihaela Ionomescu PhD (RO)
1.	Maheen Rehmat Arooj Saleem Sahreem Anwar Bogdan-Alexandru Antohe Elena Adelina Panaet Dan Iulian Alexe	The Difference Between The Mulligan Straight Leg Raise Technique And Slump Stretching In Patients With Chronic Low Back Pain And Hamstring Tightness
2.	Perveen Wajida Anwar Sahreen Ilyas Umer Mashood Arif Khawaja Elena Adelina Panaet Dan-Iulian Alexe	Prevalence And Association Of Low Back Pain In Patients With Knee Osteoarthritis; A Single City Study
3.	Camelia-Daniela Plăstoi Monica-Delia Bică Andreea Popescu Camelia Firoiu Florin Neferu	Practicing Swimming As A Free Time Activity And The Contribution Of Using Smartwatches During The Sports Activity In View Of Maintaining An Optimal State Of Health
4.	Camelia-Daniela Plăstoi Monica-Delia Bică Ilie Mihai Daniel Iacob Chivu Paul-Bogdan Chiriac	Wearable Technologies And Their Importance In Facilitating Student Learning Of Swimming Technique

5.	Horia Croitoru Virgil Ene-Voiculescu Carmen Ene-Voiculescu Alexandru Abramiuc	The Body Composition Of The First Year Students From The Mircea Cel Batran Naval Academy
6.	Ionel Melenco Carmen Ene-Voiculescu Cristian Popa	Management And The Senses Of Understanding The Management Activity Of A Sports Organization
7.	Liliana Mățã Cristina Cîrțiță-Buzoianu Brîndușa Mariana Amălânței Venera-Mihaela Cojocariu Gabriel Mareș	Students' Perception Of The Determining Factors Of University Dropout
8.	Gabriel Mareș Venera-Mihaela Cojocariu Cristina Cîrțiță-Buzoianu Brîndușa-Mariana Amălânței Liliana Mățã	Self-Efficacy In Relation To Career Choice
9.	Liliana Mățã Brîndușa-Mariana Amălânței Cristina Cîrțiță-Buzoianu Venera-Mihaela Cojocariu Gabriel Mareș	Implementation Of Inclusive Education In An Academic Environment: A Systematic Review Of Research
10.	Venera-Mihaela Cojocariu Brîndușa-Mariana Amălânței Gabriel Mareș Cristina Cîrțiță-Buzoianu Liliana Mățã	Higher Education Teachers' Attitudes Towards Inclusive Education - A Case Study
11.	Jasna Popović Miloš Popović Tijana Purenović-Ivanović	Relations Of The Body Composition Parameters And Cardiovascular Risk Factors In Female University Students: A Cross-Sectional Study On-Site Of Outdoor Activity Camp
12.	Răducu Popescu Sorin Trancă Daniel Duță Antoanela Oltean	Relationship Between The Modality Of Food Nutrient Selection And The Degree Of Social Exposure Of Menu Products
13.	Raul-Marian Todor	Subsection Of Physical Education Of „Șoimii Carpaților” / „Carpathian Falcons” Organization
14.	Ecaterina Lungu Viorica Calugher Mihail Leonard Ionescu	Health Education – Psychopedagogical Approach
15.	Pompiliu-Nicolae Constantin	40 Years Later: Reconsidering Romania's Participation In The 1984 Olympic Games
16.	Onoi Mihail	The Role Of Sports Tourism In Sustainable Urban Development - <i>Poster presentation</i>
17.	Oana-Cristina Pata	Innovative Method Of Consolidating The Skating Step In A Game Of Our Own Invention, Genericly Called Up-Ball-Skating - <i>Poster presentation</i>

18.	Nenad Stojiljković Zoran Milanović Nemanja Stanković	Three Pillars Of Dual Career - Teachers, Coaches, And Parents - <i>Poster presentation</i>
19.	Dan Iulian Alexe Novri Gazali Dragoș Ioan Tohănean Cristina Ioana Alexe	Exploring Exercise Snacks Research Evidence And Trends: A Bibliometric Analysis And Systematic Literature Review - <i>Poster presentation</i>
20.	Ghada Jouira Dan-Iulian Alexe Teodora Mihaela Iconomescu Laurențiu-Gabriel Talaghir Dragoș Ioan Tohănean Cristina Ioana Alexe	Exploring The Relationship Between Stability And Mobility In Adults With Intellectual Disability - <i>Poster presentation</i>
21.	Barbara Rosołek Dan-Iulian Alexe Krystyna Gawlik Cristina Ioana Alexe Mihai Ilie Anna Zwierzchowska	Effects Of Low Back Pain On Physical Activity And Select Aspects Of Body Build And Posture In Women Aged 60+ - <i>Poster presentation</i>
22.	Dan-Iulian Alexe Mihai Ilie Cristina Ioana Alexe Daniela Camelia Plastoi Ana-Maria Vulpe	The Relationship Between Body Composition, Field Of Study, And Living Environment Among University Students - <i>Poster presentation</i>
23.	Fatma Ben Waer Cristina-Ioana Alexe Maria Cristina Man Dan Iulian Alexe	Time-Of-Day Effects On Cognitive And Functional Performances Among Middle-Aged Women - <i>Poster presentation</i>
24.	Fatma Ben Waer Cristina-Ioana Alexe Maria Cristina Man Dan-Iulian Alexe	Effects Of Smartphone Use On Walking Performance In Middle-Aged Women - <i>Poster presentation</i>
25.	Cristian Dumitru Stanciu Virgil Ene-Voiculescu Marcel Puiu Pomohaci Ioan Hășmășan Daniel Roșu	Adaptation Of Crossfit Training For Contact Sports Judo And Sambo: An Experimental Study On The Impact On Physical Capacities Of Athletes - <i>Poster presentation</i>